

## Start Times

1/2 Marathon - 8:00 AM

10Km - 9:00 AM

5Km - 9:00 AM

## READ THIS!!!

Please make sure to get to SP Crater **30 minutes** before start time to check in with the race crew.

The weather can be **unpredictable** (great, cold, windy, warm, rainy...) so bring warm clothes, layers, rain gear, hats, and sunscreen.

**1/2 marathon** runners should bring extra food such as gels, bars and electrolytes of their choice. Hydration pack or handheld bottles are recommended, as the distances between Aid Stations vary.

Enjoy your run!

Ludo Pierson & Scott Bajer  
Flagstaff Ultrarunning Club

## Getting to SP Crater/Babbitt Ranches:

### Start – Safeway Grocery Store on 89 near the Flagstaff Mall

4910 N Us Highway 89, Flagstaff, AZ  
Safeway (928) 526-6116

### End – Babbitt Ranches – SP Crater

35.590644, -111.536528

Route: 27.3 mi, 29 min

1. Depart US-89 N toward E Empire Ave

0.9 mi

2. Bear right onto US-89 / N US-89

Pass Chevron in 4.8 mi

7.9 mi

3. Bear right onto US-89 N

14.2 mi

13 min

4. Road name changes to US-89

3.8 mi

5. Turn left onto SP Mountain Rd (Mile Marker 446, before the Gas Station/Convenience Store)

Unpaved Road

0.5 mi

B6.

Arrive at 35.590644, -111.536528 on the right

To check out directions and the map:

<http://binged.it/1dgKhRi>



## ***Aid stations***

There will be a total of 4 Aid Stations including the Start/Finish Base Camp.

### **½ Marathon**

SP AS (Water, Electrolytes, Food) - Mile 5

Lava AS (Water, Electrolytes, Food) - Mile 8

Cow Pies (Water) - Mile 11

### **10K**

Cow Pies (Water) - Mile 2

Cow Pies (Water) - Mile 5

### **5K**

Cow Pies (Water) - Mile 2

## ***Awards***

Marathon: 1<sup>st</sup> Male and 1<sup>st</sup> Female

½ Marathon: 1<sup>st</sup> Male and 1<sup>st</sup> Female

10K: 1<sup>st</sup> Male and 1<sup>st</sup> Female

5K: 1<sup>st</sup> Male and 1<sup>st</sup> Female

## ***Rules on the run***

- Don't cheat!
- Stay on the course (Study the course map before race day).
- Please respect the cows and other animals present on the Babbitt Ranches' land.
- Be courteous and announce yourself to other runners, "on your left!"
- Be friendly to other runners and volunteers.
- Don't be litterbug!!! (**Leave No Trace 7 Principles:** <http://lnt.org/learn/7-principles>)
- Be safe (We do not advise the use of headphones, know and respect your limits)  
Report dangerous, unsafe, or damaging conditions and activities to the race crew.

# Course Maps

## 1/2 Marathon



## 10K



## 5K

